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change is what we need and should procure, if possible. The work will be done all the better for it, later.

There are some unfortunate persons so placed that a real vacation cannot be managed. These should make the most of small outings. Parks, picnics, a boat ride, a swimming pool, a change of sleeping quarters,—to a porch, if possible,—all these will help a little to give fresh vigor, though they can never have the same renewing effect as comes with a complete laying down of tasks for a week or two. Above all things, let us try to cultivate quiet minds. That alone would be a rest for some worrying souls. Let us help each other to rest,—overlook some of the small faults, be blind to some lapses, try to appreciate the burden of our superiors, and lend an unexpected helping hand,—all these things make summer heat more bearable.

THE ARMY SCHOOL OF NURSING

The commencement exercises of the Army School of Nursing, described in our news columns, mark the end of the period of testing of the school and its entrance into our list of regularly established training schools of high standing. Those who attended the convention of the American Nurses' Association at Cleveland in 1918, will remember the anxious discussions as to whether the Army School was needed and whether it could be established. The School was finally started, through the indefatigable efforts of Miss Goodrich, and it served the need for which it was founded, that of providing a larger number of nurses for the care of soldiers in our Army hospitals, here. Affiliations were arranged which rounded out the training, and an exceptional class of young women is now ready to take its part in our general nursing activities. The school will be continued at Washington, in the east, and at the Presidio, in the west.

CORRECTIONS

We are exceedingly sorry that a printer's error in the Red Cross Department of the June JOURNAL escaped our notice in proof reading. The quotation from Dr. Lyon, on page 631, should have ended with the words "the most striking proof of this statement." This was indicated in the copy, but the printer continued in fine type the words of Miss Noyes which followed.

In the July JOURNAL, in the Letter Department, a letter headed Athletics in the Army School of Nursing should have been signed by the initials of a student in the Army School, "B. M. P.", rather than by those of the sender. This was not made clear in the manuscript as submitted to us.